



New Creation Christian Academy's 2nd Annual Crusader Country 5-K

Date: September 24, 2011

Time: 8:30 A.M - 5K

Race day registration: 7:30-8:15

A race to benefit NCCA athletic programs

- **5K Entrance Fee: \$20 up to 9/24. \$25 Day of race. Ghost Runner \$20 (supports the cause without the sweat) 10 and under Fun Run during 5K –free (participation ribbon only) Register by September 1 to guarantee Event T-shirt.** (Event t-shirts will be available to race-day entrants only while supply last.)
- **Location:** New Creation Christian Academy (NCCA) **330 Lake Dow Rd.,** McDonough, GA The school is located north of Hwy 81 E on Lake Dow Rd. behind Southern Crescent Baptist Church.
- **Course:** Out and back course from church with rolling hills through **Heritage Park** and the **Veteran's Memorial.**
- Water and fruit provided to participants. Awards for age groups.
- **Registration:** Please mail entry form and make checks payable to:
or
- **Register and pay by credit card at www.nccacademy.net**
Preregistration encouraged, but race day entrants accepted.
- Email: 5KRace@newcreationcenter.org

**New Creation Christian Academy
Attn: Crusader Country 5-K Run
330 Lake Dow Rd.
McDonough, GA 30252**



CRUSADER COUNTRY 5K – Sept. 24, 2011 330 Lake Dow Road, McDonough, GA

Name: _____ **Age (on 9/24/11)** _____ **Sex:** Male or Female

Address _____ **City** _____ **State** _____ **Zip** _____

Phone: _____ **Email:** _____

Adult sizes: Sm Med L XL XXL

Participating in (check one) _____ 5K _____ Ghost Runner (supports cause without the sweat)

Register by September 1 to guarantee Event T-shirt.

Waiver: *In consideration of acceptance of this entry, I waive any/all claims for me and my heirs against officials and/or sponsors of the Crusader Country 5K Run, New Creation Christian Academy, and Southern Crescent Baptist Church for any illness or injury which may result from my participation. I realize these are strenuous events which require proper physical conditioning. I hereby certify that I am in proper physical condition to participate in this event.*

Signed _____ *Guardian if under 18* _____ *Date* _____

Day of Race emergency contact and phone number: _____

*Send checks payable to:
New Creation Christian Academy
Attn: Crusader Country 5K
330 Lake Dow Rd.
McDonough, GA 30252*